

PARTNERING TO ADVOCATE FOR IMPROVED  
CARDIOVASCULAR HEALTH: IT TAKES A TEAM

**Dharmesh Patel, MD FACC FNLA FACP  
FASPC MBBS (London) FASPC**

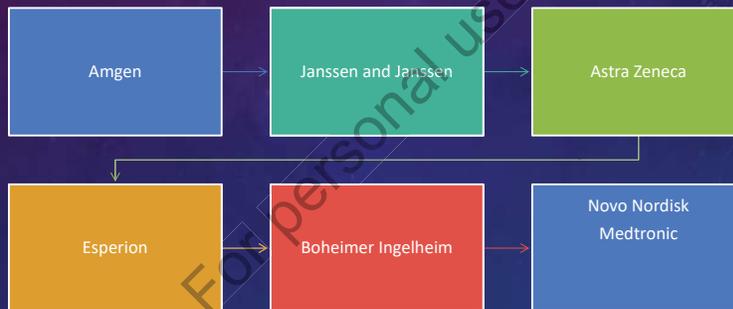
**Stern Cardiovascular Foundation  
Memphis Tennessee**

PCNA  
Orlando  
April 2025



@drdharmesh72

DISCLOSURES  
(CONSULTANT / ADVISORY BOARD)



OVERVIEW

PCSK9 story

Policy that affects access to  
Prescribed Therapy

Payers Perspective

Mini Act

Advocacy Wins

# What is Advocacy?

Advocacy is Part of the Prescription



## Why You Need to Advocate

Advocacy is Part of the Prescription

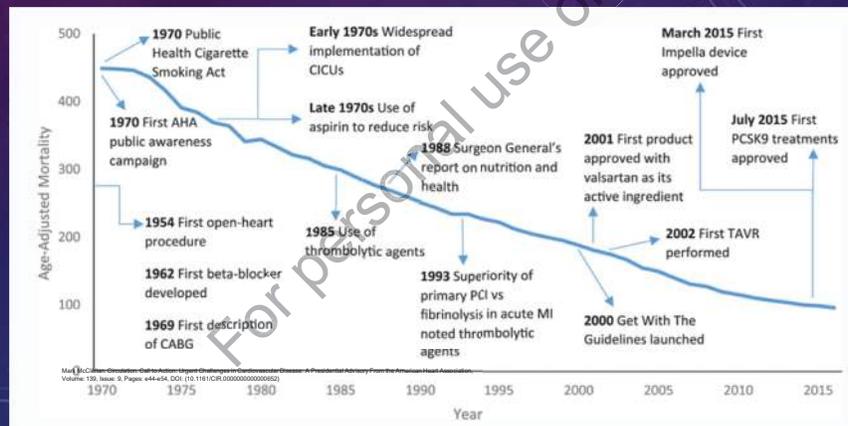
Never before has the clinician (ahem – the nurse's!) voice been more important

**GALLUP**

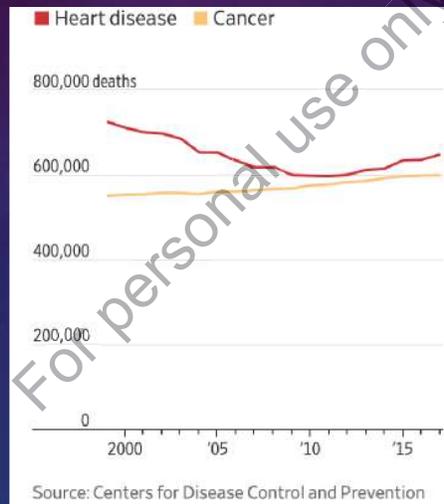
Nurses remain the most trusted profession, with 78% of U.S. adults currently believing nurses have high honesty and ethical standards.

<https://news.gallup.com/poll/608903/ethics-ratings-nearly-professions-down.aspx>

## The CVD Challenge



# The CVD Challenge



# The CVD Challenge

Forecasting the Burden of Cardiovascular Disease and Stroke in the United States Through 2050 - Prevalence of Risk Factors and Disease: A Presidential Advisory From the American Heart Association

**“Clinical and public health interventions are needed to effectively manage, stem, and even reverse these adverse trends.”**

**The best person to deliver message of change is the person that the public TRUSTS**

**NURSES!**

# The CVD Challenge

Forecasting the Burden of Cardiovascular Disease and Stroke in the United States Through 2050 - Prevalence of Risk Factors and Disease: A Presidential Advisory From the American Heart Association

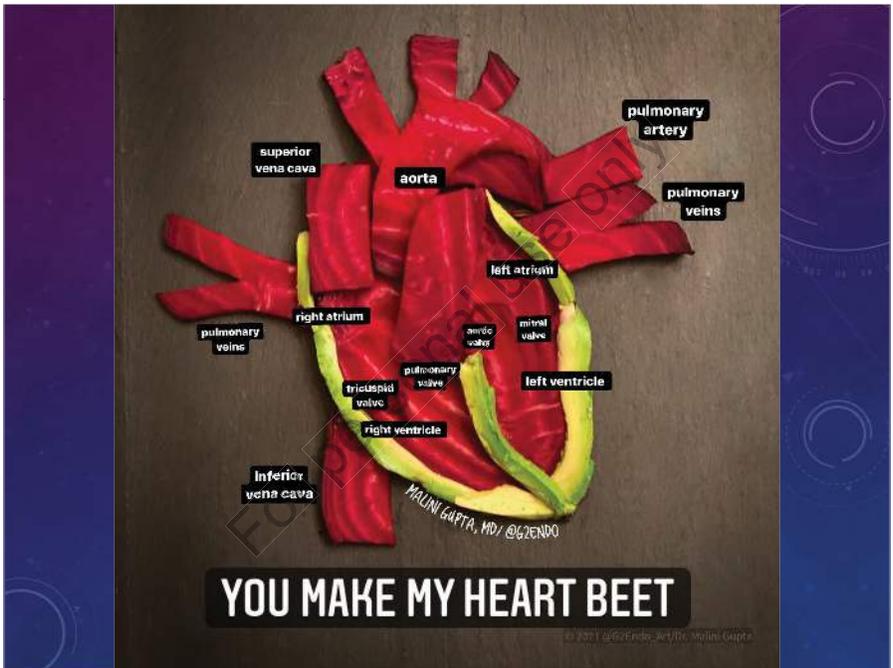
“The prevalence of many cardiovascular risk factors and most established diseases will increase over the next 30 years.”

“Most adverse trends are projected to be worse among people identifying as American Indian/Alaska Native or multiracial, Black, or Hispanic.”

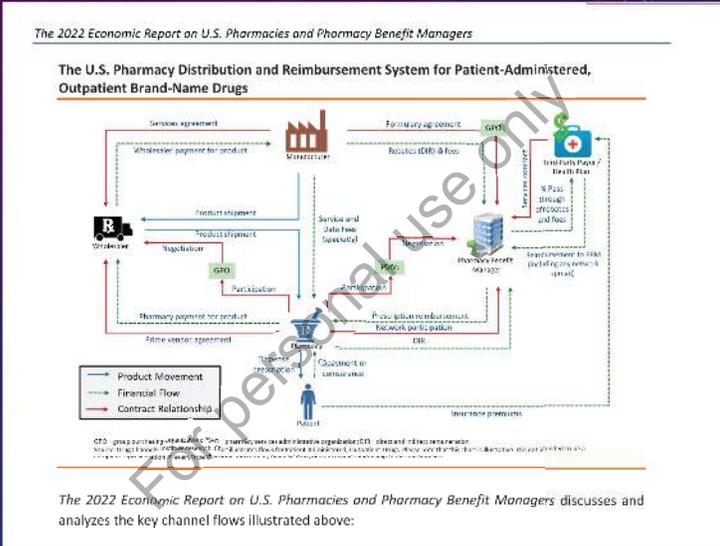
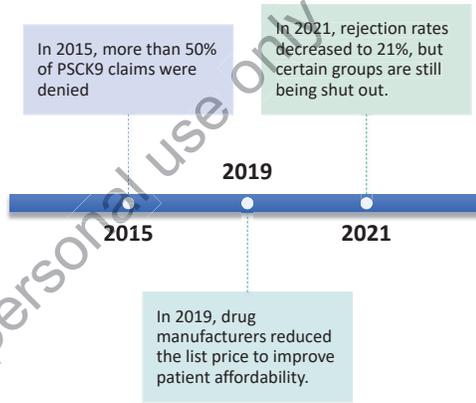
<https://pubmed.ncbi.nlm.nih.gov/38832505/>







# PCSK9 STORY



The 2022 Economic Report on U.S. Pharmacies and Pharmacy Benefit Managers  
Adam J. Fein, Ph.D. Drug Channels Institute March 202

## PHARMACY BENEFIT MANAGERS

**77%** The 3 biggest PBMs controlled roughly 77% of all U.S. prescription drug claims in 2020.<sup>1</sup>

PBM fees charged to pharmacies grew from \$229 million in 2013 to an estimated \$9.1 billion in 2019.<sup>2</sup>

PBM fees pocketed more than \$450 billion in revenue in 2020 – up from less than \$300 billion eight years ago.<sup>3</sup>

The 3 largest PBMs excluded 846 FDA-approved drugs from their formulas in 2020, denying patients access to more medications than ever before.<sup>4</sup>

<sup>1</sup> <https://www.drugchannels.net/2021/04/the-top-pharmacy-benefit-managers-pbm.html>  
<sup>2</sup> <https://www.drugchannels.net/2020/02/pharmacy-dlr-fees-hit-record-9-billion.html>  
<sup>3</sup> <https://fortune.com/2021/08/08/pharmacy-benefit-manager-claims-auditing-pbms/>  
<sup>4</sup> <https://www.fiercehealthcare.com/payer/study-drug-utilization-costs-health-industry-93b-a-year-patients-bearing-most-cost>

For Release

## FTC Launches Inquiry Into Prescription Drug Middlemen Industry

Agency to Scrutinize the Impact of Vertically Integrated Pharmacy Benefit Managers on the Access and Affordability of Medicine

June 7, 2022



Tags: Competition | Office of Policy Planning | Non-competitor | generic drugs | Pharmacy Benefits Managers (PBM) | Health care | Drug Stores and Pharmacies | Prescription Drugs

Related actions

Statement of Chair Lina M. Khan Regarding B(b) Study of Pharmacy Benefit Managers

The Federal Trade Commission announced today that it will launch an inquiry into the prescription

## POLICY THAT AFFECTS ACCESS TO PRESCRIBED THERAPY

### Policy Made at Many Levels

Medical Society Guidelines  
Health Plan Formularies and Policies  
Economic Assessments (ICER)  
Agency Rulemaking  
State and Federal Legislation  
Enforcement in the Executive or Bureaucracy

### Policies We Track

Prior Authorization  
Non-medical Switching  
Step Therapy  
Co-Pay Accumulators  
Formulary Tiering and Placement  
Formulary Exclusion



## Challenges in CV Advocacy Non-Medical Switching

**Your heart medicine**

**Not your heart medicine.**

You know the difference. Does your insurance company?

AMERICAN COLLEGE OF CARDIOLOGY  
Cardiovascular Health

CARDIOVASCULAR NURSING SYMPOSIUM

# Challenges in CV Treatment

## CVS Caremark Formulary Change Freezes Out Apixaban

Patrice Wendling  
January 13, 2022

In a letter to CVS Caremark backed by 14 provider and patient organizations, the nonprofit Partnership to Advance Cardiovascular Health (PACH) calls on the pharmacy chain to reverse its "dangerously disruptive" decision to force stable patients at high risk of cardiovascular events to switch anticoagulation, without an apparent option to be grandfathered into the new plan.

PACH president Dharmesh Patel, MD, Stern Cardiovascular Center, Memphis, Tennessee, called the formulary change "reckless and irresponsible, especially because the decision is not based in science and evidence, but on budgets. Patients and their health care providers, not insurance companies, need to be trusted to determine what medication is best," he said in a statement.

<https://www.medscape.com/viewarticle/966588?form=fpf>

# Challenges in CV Treatment



# Challenges in CV Treatment

## Apixaban Returned to CVS Caremark Formulary After Outcry

*"...Because of a significant backlash from various clinician and patient advocacy groups, apixaban was re-added to the formulary in July 2022."*

WHAT IS PRIOR AUTHORIZATION (PA)?

What began as a safeguard against unnecessary drug spending has become a **significant barrier** to patient access.

It's the process whereby **insurance companies must approve a physician-prescribed medicine**, procedure, or test before a patient can get coverage.

**Insurers and PBMs are increasingly imposing utilization management protocols**, especially prior authorization, to reduce and deny patients access to life-saving treatments.

## BURDEN OF PRIOR AUTHORIZATIONS

- A 2021 survey from the American Medical Association states that:
  - 93% of physicians report that prior authorizations delay access to necessary care
  - 82% said that problems related to prior authorizations result in patients abandoning treatment
  - More than 1/3 of physicians reported that the process led to a severe adverse event
  - 24% of physicians report that prior authorization has led to a patient's hospitalization
  - On average, practices complete 41 prior authorizations per week and dedicate 13 hours each week to complete the paperwork, with 88% describing the burden as extremely high

American Medical Association 2021

## Challenges in CV Treatment

Figure 3. Change in PA for Single-Source Brand Drugs in the Commercial Market by TA, 2014–2020

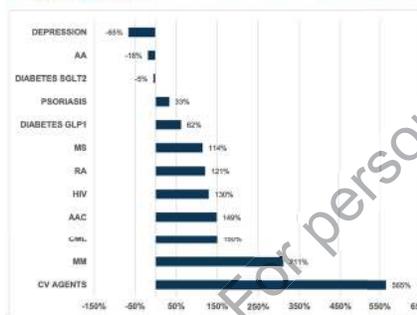


Figure 4. Change in ST for Single-Source Brand Drugs in the Commercial Market by TA, 2014–2020





**Why OIG Did This Review**  
A central concern about the capitated payment model used in Medicare Advantage is the potential incentive for Medicare Advantage Organizations (MAOs) to deny beneficiary access to services and deny payments to providers in an attempt to increase profits. Although MAOs approve the vast majority of requests for services and payment, they issue millions of denials each year, and CMS's annual audits of MAOs have highlighted widespread and persistent problems related to inappropriate denials of services and payment. As enrollment in Medicare Advantage continues to grow, MAOs play an increasingly critical role in ensuring that Medicare beneficiaries have access to medically necessary covered services and that providers are reimbursed appropriately.

**How OIG Did This Review**  
We selected a stratified random sample of 250 denials of prior

## Some Medicare Advantage Organization Denials of Prior Authorization Requests Raise Concerns About Beneficiary Access to Medically Necessary Care

### Key Takeaway

MAOs denied prior authorization and payment requests that met Medicare coverage rules by:

- using MAO clinical criteria that are not contained in Medicare coverage rules;
- requesting unnecessary documentation; and
- making manual review errors and system errors.

we reviewed were ultimately reversed by the MAOs, avoidable delays and extra steps create friction in the program and may create an administrative burden for beneficiaries, providers, and MAOs. Examples of health care services involved in denials that met Medicare coverage rules included advanced imaging services (e.g., MRIs) and stays in post-acute facilities (e.g., inpatient rehabilitation facilities).

### What OIG Found

Our case file reviews determined that MAOs sometimes delayed or denied Medicare Advantage beneficiaries' access to services, even though the requests met Medicare coverage rules. MAOs also denied payments to providers for some services that met both Medicare coverage rules and MAO billing rules. Denying requests that meet Medicare coverage rules may prevent or delay beneficiaries from receiving medically necessary care and can burden providers.

Although some of the denials that we reviewed were ultimately reversed by the MAOs, avoidable delays and extra steps create friction in the program and may create an administrative burden for beneficiaries, providers, and MAOs. Examples of health care services involved in denials that met Medicare coverage rules included advanced imaging services (e.g., MRIs) and stays in post-acute facilities (e.g., inpatient rehabilitation facilities).

## SUCCESSFULLY NAVIGATING THE PA

- Start with a **thorough template letter** addressing the patient's high-risk status and proven data supporting the medication to lower LDL.
- Know the **current guidelines and coverage criteria** for approvals.

### PCSK9s

- Atherosclerotic Cardiovascular Disease (ASCVD)
- LDL-C  $\geq 190$  mg/dL (including polygenic hypercholesterolemia, HeFH, and the HoFH phenotype)
- Very High-Risk/Statin Intolerance

### Bempic Acid

- For the treatment of an adult patient with heterozygous familial hypercholesterolemia or established atherosclerotic cardiovascular disease
- Prescribed as an adjunct to maximally tolerated statin therapy
- The patient requires additional lowering of low-density lipoprotein cholesterol (LDL-C)

## COMPLETE PATIENT INFORMATION

**More than half of denials are attributed to incomplete paperwork**

- Indication and documentation of **patient's medical conditions** and needs
- A **recent lipid panel** (< 30 days old)
- FH Documentation, when applicable
- **Statin history**
- Explain **step therapy** or failed medications
- **LDL-C Goal** and how they did not reach the goal on a statin
- **Adjunctive Therapy** - this can include patients' efforts to lower LDL w/ diet and exercise and any appointments with nutritionists.

## BEST PRACTICES FOR PA APPROVALS

- Persistence matters.
- Suggest the patient try a **specialty pharmacy**; there has been a greater success with less paperwork.
- Train staff and assign one person as the point person for submissions. Experience helps for a smooth approval process.
- **Manufacturers' field access specialists** may be helpful.

## PA APPEAL PROCESS

You can appeal the initial rejection.

- Either a **letter or peer-to-peer discussion** is next
  - The letter is used to fill in the gaps omitted from the first request
  - Peer-to-peer is typically a brief phone call with a better success rate for approvals
- A **secondary appeal** can be requested - or a medical review

## KEYS TO SUCCESSFULLY NAVIGATING PCSK9

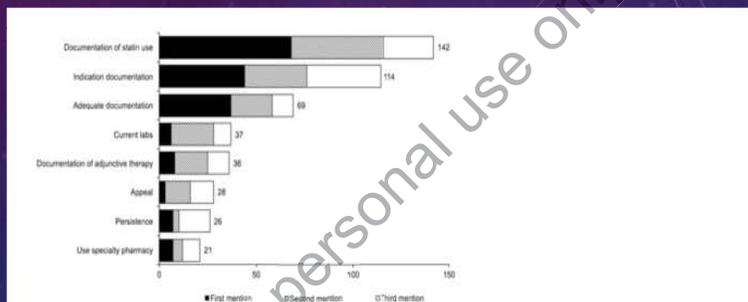


Figure 7 Most important keys to successfully navigating the PCSK9 inhibitor approval process. Values represent the number of respondents choosing each category. PCSK9, Proprotein convertase subtilisin/kexin type-9.

## DIFFERENT PAYER APPEALS

- **Medicare** - The appeals process has five levels. If you disagree with the decision made at any process level, you can generally go to the next level. The last step is a federal court district review - which is costly for the patient.
- **Commercial** - If patients are denied after the second appeal, they can file a formal complaint with the state insurance commissioner. The payer is obligated to inform the patient why they are denied.

## BE A VOICE FOR PATIENTS

Get involved with organizations like **NLA /ACC/PACH** to elevate the physician's voice and make guideline changes.

### Suggestions for streamlining the PA process:

- A unified prior authorization form encourages efficiency.
- Electronic submission and response should be standard - it's tough to keep up with communications that aren't in one centralized location - telephone, fax, and email.
- Considerations of prior authorization requests should adhere to a uniform timeline.
- Patients deserve a straightforward appeal process.
- Digitally-focused strategy that emphasizes brand awareness and ease of prescribing in the EHR

## FORMULARY EXCLUSIONS

### Market-wide trends

In 2022, 1,156 unique prescription medicines were excluded from the standard formularies of at least 1 of the 3 PBMs, a 961% increase from 2014, when 109 medicines were excluded (Figure 1).<sup>6</sup> From 2014 to 2022, the number of medicines excluded by 1 or more PBM increased by an average of 34% per year.

Figure 1. Number of prescription medications excluded from 1 or more PBM formulary, by year



<sup>6</sup> In 2014, medicines were either excluded from CVS Caremark, Express Scripts, or both. OptumRx did not begin excluding medicines from its formulary until 2016.

## FORMULARY EXCLUSIONS BY THERAPEUTIC AREAS

Table 1. Therapeutic areas for medicines excluded from 1 or more PBM formulary, 2014-2022

Rank	Therapeutic area	# of medicines excluded	% of total exclusions
1	Autonomic and central nervous system	205	16.6%
2	Diabetes, endocrine, metabolic, and weight loss	199	15.4%
3	Dermatology	151	11.8%
4	Oncology, hematological, and antineoplastic/immunosuppressant	117	8.6%
5	Cardiovascular	109	8.2%
6	Gastrointestinal	89	6.7%
7	Musculoskeletal, rheumatology, and osteoarthritis	80	5.9%
8	Respiratory	78	5.7%
9	Obstetrics and gynecological	65	4.6%
10	Ophthalmic	64	4.7%
11	Analgesics and anti-infectives	61	4.5%
12	Ear/nose/throat/mouth and allergies	39	2.6%
13	Urological	26	1.7%
14	Inflammatory conditions	20	1.5%
15	Hepatitis	17	1.3%
16	Immunomodulators and transplant	9	0.7%
17	Nephrology and renal disease	5	0.6%
18	Hepatology	2	0.1%
<b>Total</b>		<b>1,387</b>	<b>100%</b>

\* Using as many exclusions as possible. Data source: IMS MIDAS

AmerisourceBergen Xcenda May 2022

## STEP THERAPY

time-consuming from a physician and patient standpoint

is more expensive from a direct and indirect out-of-pocket cost perspective

denies patients the drugs they need when they need

allows payers to practice medicine without a license.

Creating additional barriers, leading people to forgo needed medications

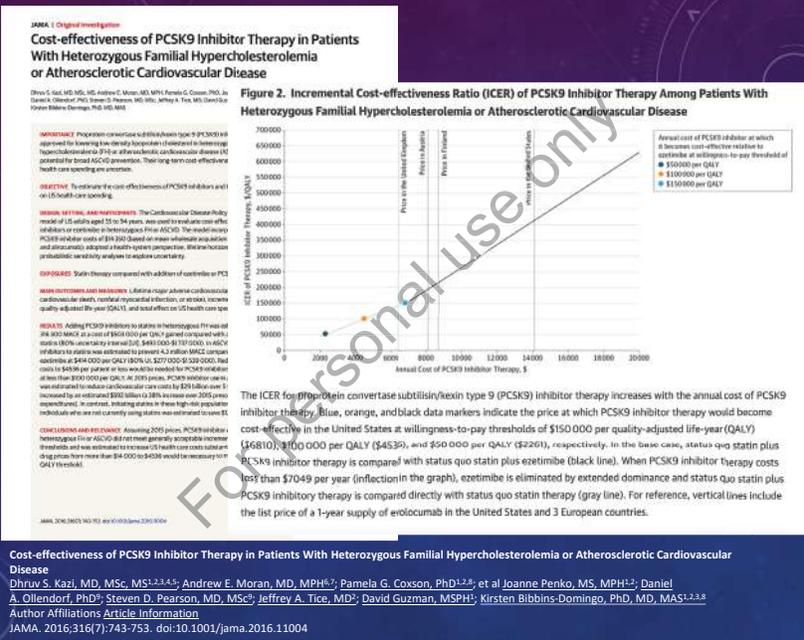
Possibly causing patients' medical conditions to deteriorate, increasing the need for later medical intervention in the future, thus making patients require increasingly-costly medical care

Increasing frustration and incidents of depression

Increasing the risk of non-compliance and self-medication

## PAYERS PERSPECTIVE

- PA -effectively help avoid inappropriate drug use and promote the use of evidence-based drug therapy
- Reduce off-line indication
- Medical Economics
- Control Costs



- ICER**  
 INSTITUTE FOR CLINICAL AND ECONOMIC REVIEW
- Independent nonprofit research institute -produces reports analyzing the evidence on the effectiveness and value of drugs and other medical services
  - evidence-based calculations of prices for new drugs that accurately reflect the degree of improvement expected in long-term patient outcomes, while also highlighting price levels that might contribute to unaffordable short-term cost growth for the overall health care system

**ICER RECOMMENDATIONS**

**HEALTH-BENEFIT PRICE BENCHMARKS**

What is a fair price for these therapies based on its value to patients and the health care system?

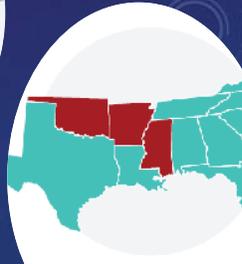
	Annual or Estimated Price	Annual Price to Achieve \$100,000 - \$150,000 cost-effectiveness threshold range	Change from WAC Required to Reach Threshold Prices	Estimated Net Price within or below range?
Bempedoic acid	\$4,018	\$1,600 to \$2,600	Discounts of 36%-60%	NO
Incisiran	\$5,644 (assumed price)	\$3,600 to \$6,000	Nodiscount required at placeholder price	YES

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## PAYER RESISTANCE DISPARITIES

- Women are 21% more likely to be rejected than men, and it's worth noting that one in four women does not have a PCSK9 inhibitor covered by her health plan.
- Black patients are rejected at a 20% higher rate than white patients
- Hispanic patients are rejected at a 25% higher rate than white patients
- Southern States Have Higher Rejection Rates



## Challenges in CV Treatment: R&D

*"One of America's greatest achievements over much of the past century has been a huge decline in death rates from heart disease and strokes..."*

*"... Now, progress has stalled. That's helping drive down life expectancy in the U.S. after decades in which each generation of Americans could expect to live longer than the one that came before."*

*"Heart experts say they need new tools and approaches, because today's cardiovascular disease patients differ from those of past..."*

## Challenges in CV Treatment: R&D

*Will We Get Those New Treatments?*

## Challenges in CV Treatment: R&D

- CV trials are larger
- Phase 3 clinical trials take longer
- Upfront investment is large and high risk
- Uptake of new therapy is slow
- Guidelines updating is slow
- 9 v 13: 80% of CV therapies are classified small molecule (including MABs)

5 of 10 drugs up for first-round negotiation were CV therapies

## Challenges in CV Treatment: R&D

**Impact of Medicare Drug Price  
Negotiation on Cardiovascular  
Disease Product Development and  
Patient Access**

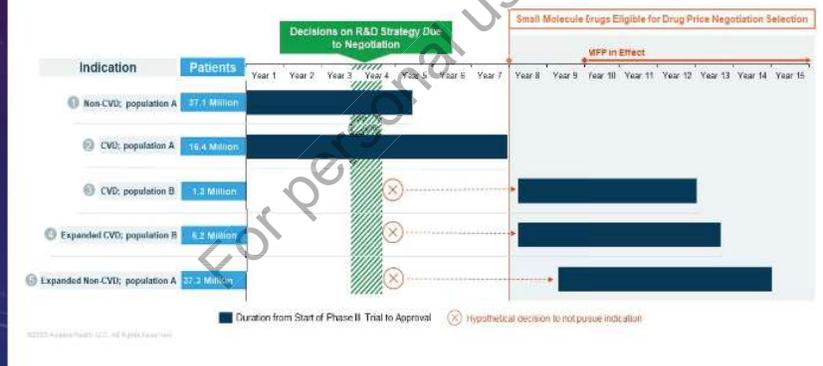


## Challenges in CV Treatment: R&D

- Larger study enrollment:** Phase III CVD trials averaged 67% greater enrollment than respiratory disease trials and 107% greater enrollment than metabolic disease trials
- Longer clinical trials:** Phase III CVD trials took 28%–32% longer to complete than metabolic and respiratory disease trials
- More trial sites:** The average number of sites per trial was more than 40% greater for phase III CVD trials than it was for respiratory or metabolic disease trials
- Lower success rates:** The likelihood of success from phase I trial to FDA approval was 150% greater for respiratory disease and 300% greater for metabolic disease than for CVD; CVD trials had the second-lowest likelihood of success among the conditions analyzed

## Challenges in CV Treatment: R&D

**Figure 1. Illustrative Impact of Medicare Negotiation on Additional Indications**



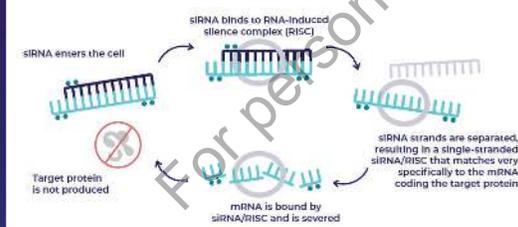
## MINI Act

### Genetically Targeted Technologies: siRNA and ASO

#### USING RNA TO STOP DISEASE

RNA exists in every living cell. It is used to build proteins so new cell growth can occur. It can also act as genetic material that can cause disease.

RNA interference is a naturally occurring process within our cells. It targets specific RNA to prevent the production of disease-causing proteins.



# MINI Act

## Maintaining Investment in New Innovation Act

GTIs fight diseases at the genetic level. They offer hope to people with:



Cardiovascular Diseases



Rare Diseases



Pediatric Diseases



Neurological Diseases

### BENEFIT TO PATIENTS

These medications:

-  Offer **treatment options** where there were none
-  **Target the disease** rather than treating the symptoms
-  **Simplify treatment logistics** through once- or twice-yearly administration

# MINI Act

## Maintaining Investment in New Innovation Act

LP(a)  
Hypertension  
Cholesterol (inclisiran)

Moves the timeline for this small group of medicines to the 13 year price setting timeline to encourage continued investment in CV R&D

Drug Name	Participating Drug Company	Commonly Treated Conditions	Agreed to Negotiated Price for 30-day Supply for CY 2026	List Price for 30-day Supply, CY 2023	Discount of Negotiated Price from 2023 List Price	Total Part D Gross Covered Prescription Drug Costs, CY 2023	Number of Medicare Part D Enrollees Who Used the Drug, CY 2023
Januvia	Merck Sharp Dohme	Diabetes	\$113.00	\$527.00	79%	\$4,091,399,000	843,000
Flasp, Flasp FlexTouch, Flasp PenFill, NovoLog, NovoLog FlexPen, NovoLog PenFill	Novo Nordisk Inc	Diabetes	\$119.00	\$495.00	76%	\$2,612,719,000	785,000
Faniga	AstraZeneca AB	Diabetes; Heart failure; Chronic kidney disease	\$178.50	\$556.00	68%	\$4,342,594,000	994,000
Enbrel	ImmunoX Corporation	Rheumatoid arthritis; Psoriasis; Psoriatic arthritis	\$2,355.00	\$7,100.00	67%	\$2,951,778,000	48,000
Jardiance	Boehringer Ingelheim	Diabetes; Heart failure; Chronic kidney disease	\$197.00	\$623.00	66%	\$8,840,947,000	1,883,000
Stelara	Janssen Biotech, Inc.	Psoriasis; Psoriatic arthritis; Crohn's disease; Ulcerative colitis	\$4,689.00	\$13,836.00	66%	\$2,988,560,000	23,000
Xarelto	Janssen Pharms	Prevention and treatment of blood clots; Reduction of risk for patients with coronary or peripheral artery disease	\$197.00	\$517.00	62%	\$6,309,766,000	1,324,000
Eliquis	Bristol Myers Squibb	Prevention and treatment of blood clots	\$231.00	\$521.00	56%	\$18,275,108,000	3,928,000
Entresto	Novartis Pharm Corp	Heart failure	\$295.00	\$628.00	53%	\$3,430,753,000	664,000
Imbruvica	Pharmaceuticals LLC	Blood cancers	\$9,319.00	\$14,934.00	38%	\$2,371,858,000	17,000

Note: Numbers other than prices are rounded to the nearest thousands. List prices are rounded to the nearest dollar and represent the Wholesale Acquisition Costs (WACs) for the selected drugs based on 30-day supply using CY 2022 prescription fills. Drug companies' participation in the Negotiation Program is voluntary; the figures above represent estimates based on continued drug company participation in the Medicare program.

# THE RISE OF ADVOCACY

- PACH ( Partnership to Advance Cardiovascular Health)
- National Lipid Association Advocacy
- American Society of Preventative Cardiology Advocacy
- American College of Cardiology Advocacy
- Preventative Cardiology Nursing Association



**Clarion Ledger** HOME NEWS SPORTS UPSIDE MAGNOLIA USA TODAY SUBSCRIBE MORE

## Some Mississippi health plans deny nearly all high cholesterol medication claims

Anna Wylfe, Clarion Ledger Published 9:56 a.m. CT March 21, 2018 | Updated 11:05 a.m. CT May 23, 2018

**A/PA** Alliance for Patient Access  
Cardiovascular Disease Working Group

April 11, 2019

May Carol Piquet, CEO  
Blue Cross & Blue Shield of Mississippi  
1551 Lakeland Drive  
Florence, MS 39242

Re: BCBS Mississippi Coverage of PCSK9-Inhibitors

Dear Ms. Piquet:

The Alliance for Patient Access (APA) has concerns regarding the public availability of certain PCSK9-inhibitor medications. Working with educational, research, and patient organizations, APA also works to ensure that all patients, not just a select few, have access to medications that impact patient access to cardiovascular disease treatment. In BCBS medical coverage policies of PCSK9-inhibitors, we have identified several areas of concern. We are reaching out to you today to discuss these concerns and to explore potential solutions. We are confident that we can find a mutually beneficial path forward.

APA strongly believes that certain coverage policies should balance patient safety, cost, and access – that are achieved by ensuring disease-specific drug coverage. Therefore, APA requests that BCBS re-evaluate its current policy for the coverage of PCSK9-inhibitors and work to ensure that all patients have access to these medications.

Sincerely,

**Blue Cross Blue Shield of Mississippi**  
2000 Lakeside Drive  
Jackson, Mississippi 39202  
Phone: 601.355.1100  
www.bcbstx.com

It's good to be Blue.

June 18, 2019

Shirash Patel, MD  
TMG Healthcare Partner  
Spearfish, MS 38671

RE: Medication: Repatha

Dear Dr. Patel:

This letter is in response to your inquiry dated April 11, 2019, regarding the prescription medication, Repatha. We apologize for the delay in responding to your inquiry and appreciate your patience.

The prescription medication, Repatha, a Disease Specific Drug, will be added to Blue Cross & Blue Shield of Mississippi's Disease Specific Drug Formulary effective June 15, 2019. As a Disease Specific Drug, Repatha will require Prior Authorization and will be subject to Medical Policy guidelines.

The Medical Policy guidelines for Repatha will be available on June 11, 2019, at [www.bcbstx.com](http://www.bcbstx.com) or through our Blue Cross & Blue Shield of Mississippi website. After receiving the Medical Policy guidelines, if you have a patient that meets the Medical Policy guideline criteria for Repatha, a Prior Authorization should be electronically submitted to Blue Cross & Blue Shield of Mississippi.



- **January 2021: Blue Shield of CA Standard commercial formulary removed both PCSK9i products (all NDCs/formulations)**

- February 2021:

- AfPA CV WG launches sign-on letter to Blue Shield
- PACH pushes out media release and informs coalition
- PACH contacts ACC Advocacy



*"Outrageous...how can we be moving backwards after all these years?"*

- **June 7, 2021: Blue Shield reverses its decision**

## COLLABORATE WITH PATIENT GROUPS

The Partnership to Advance Cardiovascular Health (PACH) raised this issue directly with health insurers in states with the highest rejection rates.

**Results:** PCSK9 rejection rates decreased, and patients began receiving life-saving medications.

- Within three months, BCBS of Alabama announced it would cover PCSK9s for patients with high cholesterol.
- BCBS of Florida **removed a step edit** and increased the duration of the PCSK9 therapy to increase patient access.
- BCBS of Mississippi **lifted the block on the PCSK9s** within 15 months.
- In only six months, Blue Shield of California **reversed its decision** to remove PCSK9s from its formulary.



## CONCLUSIONS

Agreements to expand PCSK9i access occurred two-to-three years after the drugs entered the market. Stakeholders should seek to iron out the details of innovative payment agreements closer to a drug's launch to avoid long delays in patient access.

Ultimately, if patients are truly to benefit from innovative therapies, all stakeholders—including manufacturers, payers, and providers—must engage in efforts to ensure appropriate drug pricing, utilization management, and prescribing

PA is not the answer – transparent guideline driven process by physicians and professional societies should form the basis for developing mechanisms to minimize wasteful spending without compromising the quality of care

Advocacy Works !

# Challenges in CV Treatment

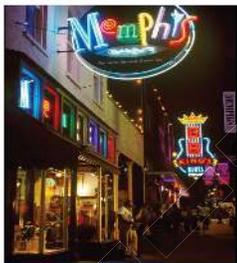
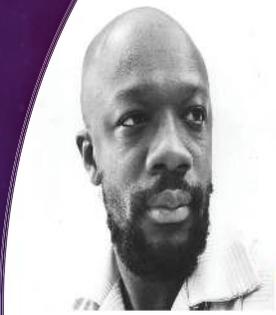
Utilization Management

Research and Development for New Therapeutics



## Making the Difference





THANK YOU !

