

LIPID REFERENCE VALUES

Serum Triglyceride (mg/dL) levels for persons 20 years of age and older. United States, 1988-94

Sex, Age and Race/Ethnicity	Number of Examined Persons	Mean	Selected percentile								
			5th	10th	15th	25th	50th	75th	85th	90th	95th
Men*											
20 years and older	3,251	148	53	62	69	83	118	173	218	253	318
20-34	987	118	46	55	60	70	94	139	171	204	256
35-44	570	150	53	62	70	82	126	180	213	242	307
45-54	415	182	62	72	82	100	135	201	269	296	366
55-64	446	176	64	80	87	101	144	228	276	311	396
65-74	476	160	64	76	83	99	137	190	226	256	319
75+	357	144	64	71	82	96	125	175	200	220	304
Women*											
20 years and older	3,707	128	48	56	61	72	102	152	193	226	273
20-34	1,201	101	43	49	55	61	84	117	147	177	226
35-44	754	123	46	53	57	67	93	132	170	215	288
45-54	457	136	49	59	66	76	114	163	201	239	277
55-64	470	166	62	72	82	96	135	203	251	313	396
65-74	426	157	70	76	85	99	134	182	228	253	283
75+	399	150	64	74	79	94	130	178	211	235	274
Mexican American											
Men	955	152	53	60	69	83	120	184	225	259	361
Women	962	140	55	63	72	85	118	170	210	237	293
Non-Hispanic black											
Men	815	114	45	51	56	64	89	135	164	192	245
Women	1,021	96	41	46	51	58	79	113	142	162	207
Non-Hispanic white											
Men	1,357	152	55	64	71	85	123	181	223	258	319
Women	1,573	130	49	56	63	75	104	156	196	229	274

* Total sample of men and women includes racial/ethnic groups other than those shown.

Third Report of the National Cholesterol Education Program (NCEP)

Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) Final Report.

National Cholesterol Education Program; National Heart, Lung, and Blood Institute; National Institutes of Health. NIH Publication No. 02-5215.