

LIPID REFERENCE VALUES

Serum HDL cholesterol (mg/dL) levels for persons 20 years of age and older. United States, 1988-94

Sex, Age and Race/Ethnicity	Number of Examined Persons	Mean	Selected percentile								
			5th	10th	15th	25th	50th	75th	85th	90th	95th
Men*											
20 years and older	7,473	46	28	30	34	37	44	53	58	62	72
20-34	2,285	46	28	32	34	38	45	53	59	62	69
35-44	1,306	45	28	30	32	36	43	52	57	61	73
45-54	893	45	26	30	32	35	42	52	58	66	75
55-64	999	45	28	31	34	36	42	51	57	61	71
65-74	1,052	46	28	30	32	36	43	54	58	64	73
75+	938	47	28	31	34	37	44	54	61	66	75
Women*											
20 years and older	8,478	55	34	38	41	44	53	64	70	75	83
20-34	2,640	55	34	38	41	45	53	64	69	74	83
35-44	1,628	54	34	38	41	44	53	64	68	72	79
45-54	1,004	56	36	38	41	45	55	65	72	77	84
55-64	1,039	56	33	37	40	44	53	65	73	78	89
65-74	1,071	56	33	37	40	45	54	65	71	76	84
75+	1,096	56	32	37	40	44	55	65	71	76	86
Mexican American											
Men	2,151	46	28	32	34	37	44	52	58	61	67
Women	2,156	52	33	36	38	42	51	60	66	71	77
Non-Hispanic black											
Men	1,916	52	32	35	37	41	50	60	68	74	85
Women	2,348	57	35	39	42	46	55	66	73	79	86
Non-Hispanic white											
Men	3,138	45	27	30	33	36	43	52	57	61	71
Women	3,615	56	34	38	41	45	54	64	70	76	84

* Total sample of men and women includes racial/ethnic groups other than those shown.

Third Report of the National Cholesterol Education Program (NCEP)

Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) Final Report.

National Cholesterol Education Program; National Heart, Lung, and Blood Institute; National Institutes of Health. NIH Publication No. 02-5215.