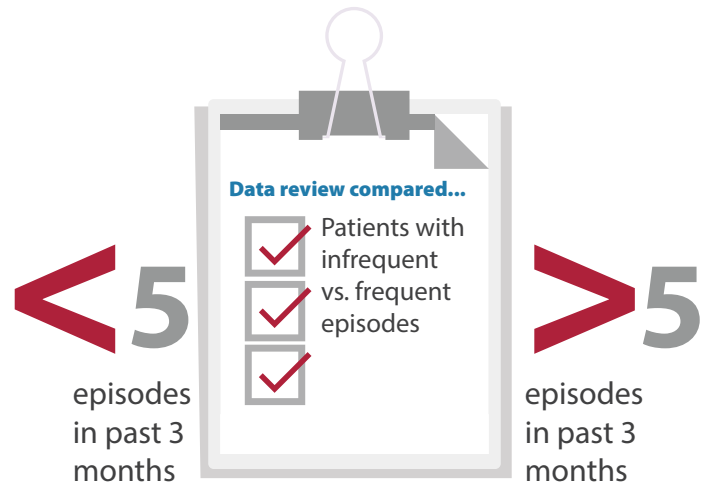
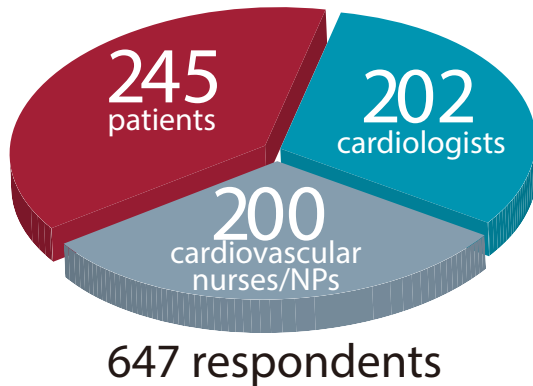


Angina Miscommunication Survey

Understanding attitudes, opinions and communication between angina patients and health care providers.

Online Poll:

Conducted by Harris Poll August & September 2015

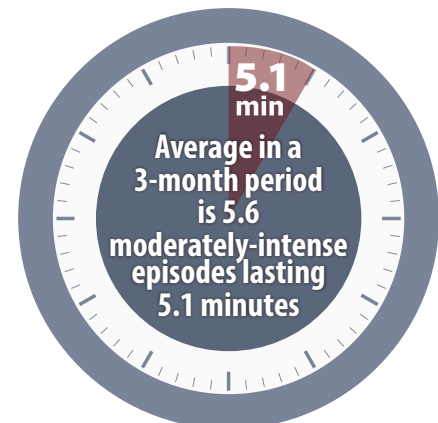
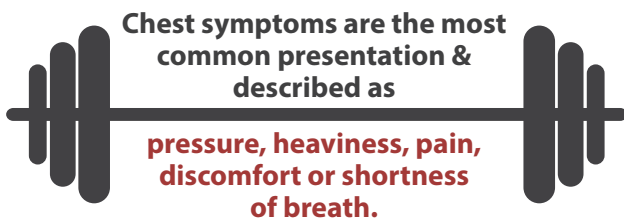
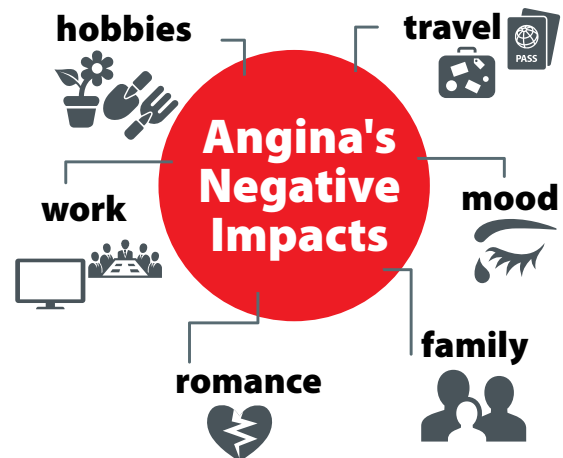


- **245 patients** with chronic angina, at least 1 angina episode in the last 3 months, and have seen a health care provider (HCP) in a cardiologist's office in the last 15 months
- **202 cardiologists and 200 cardiovascular nurses and nurse practitioners** who work in office-based settings at least 50% of the time and see patients at least 50% of the time



9 of 10 patients have cut back or given up at least one activity.

Most HCPs believe angina negatively impacts every sphere of patients' lives



The Dialogue About Angina

Patients

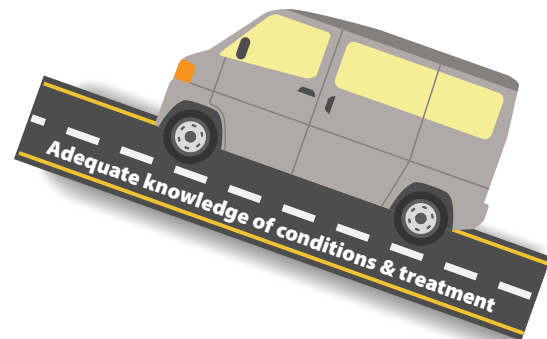
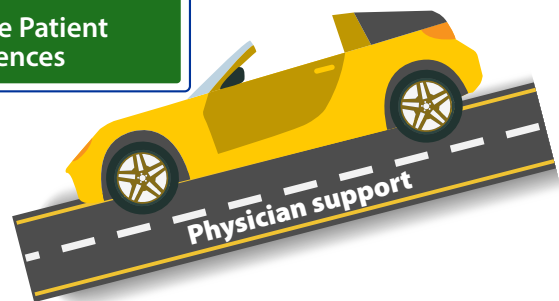
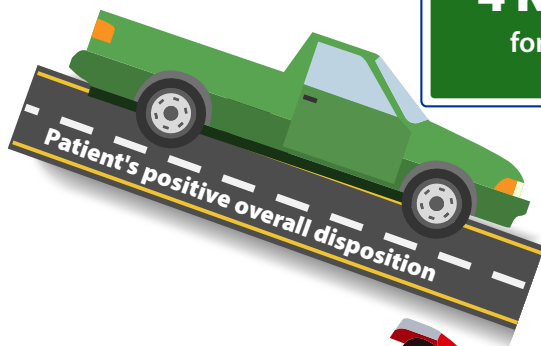
- Most say no topic is off limits
 - 26% feel uncomfortable discussing chest symptoms
- Want more information, however written materials are rarely provided
- **Top 3 barriers to communication:**
 1. Don't want to be seen as difficult
 2. Overwhelmed by diagnosis
 3. Don't feel HCP has time for questions
- Between appointments, contact with HCP is rare, most often by phone & rarely with the HCP directly



HCPs

- Most say symptoms during sex are tough for patients to discuss
- Fewer than 50% always/often recommend cardiac rehab to their patients
- **When barriers exist, it's up to the patient to:**
 1. Ask questions
 2. Raise concerns
 3. Make appointments when needed
- Patients forgetting their questions is a common barrier

4 Key Drivers for Positive Patient Experiences



While most patients are satisfied with their treatment plan, there's room for improvement. Remember, you as the HCP are the top resource for information about angina for your patient.

- Inform patients about the good and the bad of their condition
- Provide information on the cost of care and resources for support, and refer patients to cardiac rehab
- Find ways to provide all patients with treatment information, including alternative and complementary therapies—even when time is limited
- Encourage patients to write down questions/concerns, and bring them to each visit

Contact us if you have questions or need additional information at pcna.net